**Clothing**

Year-round kit

We ask that children come dressed in long sleeved tops and trousers throughout the year (thermals in the winter months), this is to protect them from sunburn, cuts, grazes, stings as well as insect and tick bites. A full water bottle and hat should be provided for each session.

Summer Kit

Parents are responsible for packing a sun hat for their child and applying sun cream prior to arrival at Wigwam Forest School, Wigwam Forest School will take no responsibility for sunburn due to lack of appropriate clothing or sun cream. Children should wear closed toe and heeled shoes, trainers or wellington boots for use in the woodland.

Winter Kit

During the winter months children should wear waterproof boots, snow boots offer insulation against the cold. Children must be prepared with good quality socks and gloves. They should wear a warm mid layer such as a Fleece or Wool jumper and a waterproof jacket. Layering is more effective at keeping children warm than using one or two thick items of clothing, and layering enables children/staff to remove items should the children get too hot.

Recommended websites

<https://www.littleadventureshop.co.uk/>

<http://www.cozymole.co.uk/>

<https://www.sportpursuit.com/>

**IMPORTANT: Although the ground layer at Wigwam Forest School has been largely cleared of bracken and long grass, we cannot eliminate the possibility of children receiving tick bites. Therefore, it is important that parents perform a daily tick check. Please visit the NHS website for advice on how to remove ticks and Lyme Disease.**

**https://www.nhs.uk/conditions/lyme-disease/**